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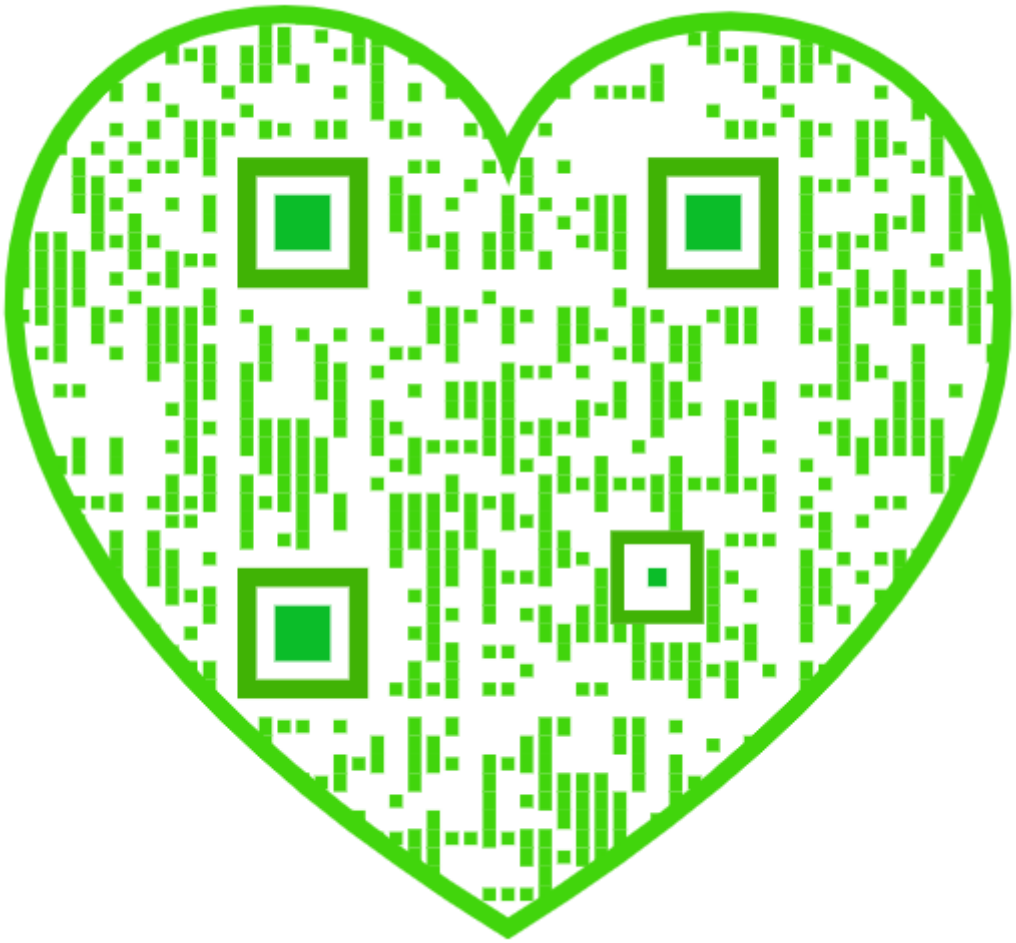

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COLLEGE BULLETIN

COLLEGE OF INDUSTRIAL ARTS

(THE STATE COLLEGE FOR WOMEN)

DENTON, TEXAS

A COURSE OF STUDY

FOR

HOMEMAKERS

Texas. State college for women.
" Denton. Dept. of extension

PREPARED BY THE

DEPARTMENT OF EXTENSION

OF THE

COLLEGE OF INDUSTRIAL ARTS

NUMBER 61 FEBRUARY 1, 1918

Issued semi-monthly by the College of Industrial Arts, Denton, Texas. Entered April 19, 1905, at Denton, Texas, as second-class matter, under Act of Congress, July 16, 1894.

F. M. BRALLEY, *President of the College.*
LILLIAN PEEK, *Lecturer and Demonstrator.*
NINA B. CRIGLER, *Lecturer and Demonstrator.*
IRENE M. DAVIDSON, *Secretary.*

All communications regarding Extension Work should be addressed to the Secretary of Extension.

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G.C.B. Jan 9-19.

COLLEGE OF INDUSTRIAL ARTS

(THE STATE COLLEGE FOR WOMEN)

DENTON, TEXAS

The College of Industrial Arts is the pioneer Home Economics institution in the Southwest, and the only State-supported college for women in Texas with an unswerving ideal for the proper education of young women and the laboratories and equipment to carry out that educational ideal.

The Department of Extension of the College of Industrial Arts therefore, while prepared to render any assistance within its scope to the people of Texas, is bringing its special and particular energy to bear upon the home economics and other cultural service to the women of the State as they are reached through the 2,000 women's organizations of Texas.

The obligation of this service to the women of Texas through their various organizations began when the first bill for the College of Industrial Arts was introduced in the Texas Legislature, at which time Texas club women made a strong fight for its adoption. The bill that was introduced later and finally adopted was written by Mrs. Helen M. Stoddard, a Texas club woman, and among its successful lobbyists were other well-known club women of the State who pioneered the first campaign for public sentiment favoring the adoption of some legislative measure providing for the proper education of young women. Because of this strong friendship and coöperation on the part of the women of Texas, and because of the just and inevitable demand for a return service as soon as the College became able to render it, the Department of Extension, in full coöperation with the Administration, has recognized that its first consideration and its greatest field comprises the home problems of these women and their daughters.

Among the services the College has been able to render the women of the State through the Department of Extension, there is not one in which the latter feels a more legitimate or personal interest than in the arrangement and publication of the 1918 Homemakers' Course of Study, as here presented. The 1918 Homemakers' Course, a thorough re-

vision of the 1914 course prepared at the C. I. A. by Miss Mary L. Watkins, organizing secretary of the Texas Congress of Mothers and Parent-Teachers' Association, assisted by members of the faculty and the Department of Extension of the College, is the work of Miss Nina B. Crigler, B. S., Columbia University, and Miss Lillian Peek, A. B., B. S., Columbia University, lecturers and demonstrators of the Department of Extension. The 1918 course, while not prepared in coöperation with the T. C. M. and P. T. A. workers, is published in special compliment to that organization, and the first thousand copies off the press are mailed to the Secretary of the Congress, for proper distribution among the clubs of the State.

The aim of the Deparment of Extension in arranging the 1918 course was to present a thoroughly practical and helpful study course for Texas homemakers; to select, among the available mass of feeding, clothing, housing, sanitation and conservation material, only that which, by logical and reasonable test, hews straight to the line of present-day needs. In thus bringing the course up to date, the necessity for an intelligent comprehension of changed living conditions brought about by the war has been recognized and provided for in each of the seven divisions, with one special division reserved for a study of the women's war problems. The seven divisions mentioned are: Housing the family, feeding the family, clothing the family, sanitation and civic attractiveness, child study, women in war and the art of living.

In conclusion it may be stated that copies of the Homemakers' Course, in addition or aside from those sent the President of the Texas Congress of Mothers and Parent-Teachers' Association, may be obtained free by any Texas housekeeper or C. I. A. alumna on application to the Department of Extension, or by any out-of-State applicant on payment of twenty cents per copy.

Denton, Texas.
January 15, 1918.

IRENE M. DAVIDSON, *Secretary.*
Department of Extension.

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HOMEMAKERS COURSE

I. HOUSING THE FAMILY

1. The Household.
2. The Income and its Division.
3. Planning the House.
   (a) For Convenience.
   (b) For Sanitation and Health.
4. Furnishing the House and Interior Decoration.
5. Administration.

Suggested Papers, Discussions, Etc.

1. Standards for Housing.
   (a) Plan an ideal house for a family of five bringing out the main points necessary to secure a sanitary house, and at the same time one which is livable and in which housework can be easily accomplished.
   (b) Compare your results with the standard for five in your community. What can your club do to help raise the standard?
   (c) Would a better housing campaign be practicable in your town?
2. The Budget.
   (a) Study the distribution of the income of the average family in the Texas small town — on which side do the scales tip: food, shelter, or clothing?
   (b) Offer some remedy for the condition found above.
3. The House Livable.
   (a) Make a study of the interiors of the homes in some community, preferably your own, making note of the useless objects, conspicuous wallpaper, loaded mantels, inartistic pictures (such as family portraits) etc. Compare to the suggestions offered by Parsons. (See reference books).
   (b) What items of furnishings are required for the ideal living room to furnish the best background for the family?
   (c) Suggest methods of furnishing the remainder

of the house, and types of furniture which are lasting.

(d) The relation of cleanliness to the health and happiness of the family.

BOOKS:

The Home Builders' Guide, Arthur, 1914 ..... $1.00
David Williams Company, New York City.

*Successful Houses and How to Build Them, White, 1912 ..... $2.00
The Macmillan Company, Dallas, Texas.

The Country House, Hooper $1.50
Doubleday, Page & Company, Garden City, N. Y.

Craftsman Homes, Stickley ..... $ .25
Art World, 2 West 45th Street, New York City.

The House Dignified, French $5.00
Putnam Publishing Company, Putnam Building, 2-6 West 45th Street, New York City.

*Furnishing the Home of Good Taste, Throop $2.00
Robert M. McBride, 31 Union Square N., New York City.

Home Furnishing, Kellogg $1.60
F. A. Stokes Co., 443-449 Fourth Ave., New York City.

*Interior Decoration, Parsons, 1915 ..... $3.00
Doubleday, Page & Company, Garden City, N. Y.

The Practical Book of Period Furniture, Eberline and McClure $5.00
J. B. Lippincott Publishing Company, E. Washington Square, Philadelphia, Pa.

The Practical Book of Rugs, Lewis $5.00
J. B. Lippincott Publishing Company, E. Washington Square, Philadelphia, Pa.

The Housekeepers' Hand Book of Cleaning, MacLeod $1.15
Harper & Brothers, New York City.

The Home and Its Management, Kittredge, 1917 ..... $1.20
The Century Company, New York City.

House Sanitation, Talbot, 1912 ..... $ .80
Whitcomb & Barrows, Boston, Mass.

Personal Hygiene and Physical Training for Women, Galbraith, 1911 ..... $2.00
W. B. Saunders Company, Philadelphia, Pa.

Personal Hygiene, (contribution from ten doctors), Pyle, 1912 ..... $1.50
W. B. Saunders Company, Philadelphia, Pa.

*FIRST CHOICE

Plumbing and Good Household Sanitation, Putnam, 1911 ..... $3.75
Doubleday, Page & Company, Garden City, N. Y.

The Human Mechanism, Hough and Sedgwick $2.40
Ginn & Company, Dallas, Texas.

*Shelter and Clothing, Kinne and Cooley, 1913 ..... $1.10
The Macmillan Company, Dallas, Texas.

*Sanitation in Daily Life, Richards, 1907 ..... $ .60
Whitcomb & Barrows, Boston, Mass.

Sanitation, Dressler ..... Free
Bureau of Public Health, Washington, D. C.

Advanced Physiology and Hygiene, Conn and Buddington $1.10
Silver, Burdette & Company, New York City.

Primary Studies for Nurses, Aiken, 1912 ..... $1.75
W. B. Saunders Company, Philadelphia, Pa.

*Home Nurses' Hand Book, Aiken $1.50
W. B. Saunders Company, Philadelphia, Pa.

*Household Physics, Lynde, 1914 ..... $1.25
The Macmillan Company, Dallas, Texas.

Bacteria, Yeasts and Molds, Conn, 1908-1910 ..... $1.00
Ginn & Company, Dallas, Texas.

Household Bacteriology, Buchanan, 1913 ..... $2.25
The Macmillan Company, Dallas, Texas.

Chemistry of the Household, Dodd $1.50
American School of Home Economics, Chicago, Ill.

*Dust and Its Dangers, Prudden ..... $ .75
A. G. Putnam & Sons, New York City.

Human Physiology, Stiles $1.50
W. B. Saunders Company, Philadelphia, Pa.

The Woman Who Spends, Richardson, 1910 ..... $1.00
Whitcomb & Barrows, Boston Mass.

The Cost of Living, Richards, 1905 ..... $1.00
Whitcomb & Barrows, Boston, Mass.

The Woman of Tomorrow, William Hard, 1911 ..... $1.50
Baker & Taylor, New York City.

Bathing for Health, Bowers, 1917 ..... $1.00
Edward J. Clode, New York City.

BULLETINS:

Some Attempts to Standardize Oven Temperatures, Van Arsdale ..... $ .10

A Survey of Your Household Finances, Andrews ..... $ .10

The Economic Function of Woman, Devine ..... $ .10

*FIRST CHOICE

Physical and Chemical Tests for the Housewife, Vanderbilt ..... $ .10
Bureau of Publications, Teachers College, New York City.

Labor Saving Devices.
University of Texas Bulletin.

Public Health Problems, Charles Saville.
Sanitary Engineer, Dallas, Texas.

Sanitary Privy ..... $ .05
Farmers Bulletin No. 463.

Safe Disposal of Human Excreta at Unsewered Homes ..... $ .10
Public Health Bulletin 68, 1915.

Citizen and Public Health ..... $ .05
Supplement 4 to Public Health Report.

Coöperative Public Health Administration, Experiment in Small Communities ..... $ .05
Public Health Reprint 222.

What is Safe Drinking Water? ..... $ .05
Public Health Reports, June 26, 1914.

Water Supply, Plumbing, Sewerage Disposal for Country Homes ..... $ .10
Farmers Bulletin No. 57.

Shower Bath for Country Houses, Serviceable and Inexpensive Shower Bath Readily Improvised in Town or Country ..... $ .05
Supplement 7 to Public Health Reports, 1913.

Car Sanitation, Cleansing and Disinfection of Railroad Coaches Report of Asheville, N. C. ..... $ .05
Public Health Reprint 176.

Practical Use of Disinfectants ..... $ .05
Public Health Report No. 59.

The Transmission of Disease by Flies ..... $ .05
U. S. Public Health Service, 1916.

Scarlet Fever, its Prevention and Control ..... $ .05
Supplement No. 21 to Public Health Reports.

Typhoid Fever, its Causation and Prevention ..... $ .05
Public Health Bulletin No. 69, 1915.

Physicial Training, Exercise and Bath ..... $ .05
Supplement No. 24 to Public Health Reports, 1915.

Malaria. Lessons on Its Cause and Prevention ..... $ .05
Supplement No. 18 to Public Health Reports.

Injurious Effect of Overheated Dwellings, Schools, Etc. ..... $ .05
Supplement No. 2 to Public Health Reports.

Medical Inspection of Schools ..... $ .05
Public Health Reports Vol. 28, No. 35.

Hygiene of Rural Schools.....$ .05
Public Health Reprint No. 219.
School Hygiene — Report of Meeting — Buffalo, N. Y....$ .05
Public Health Reprint No. 144, 1913.
(U. S. Government Publications, Bureau of Public Health, Washington, D. C.)

Remedies and Preventives Against Mosquitoes.
Farmers Bulletin No. 444.
The House Fly.
Farmers Bulletin No. 851.
Cockroaches.
Farmers Bulletin No. 658.
The House Centipede.
Farmers Bulletin No. 627.
House Ants.
Farmers Bulletin No. 740.
The Farm House as a Work Shop, Anna Barrows.
Farmers Bulletin.
Accounts for the Farm.
Farmers Bulletin Nos. 511 and 572.
(U. S. Department of Agriculture.)

PERIODICALS:

*The Development of the House.
Journal of Home Economics, August, 1917.
Houses and Other Matters.
Scribner's, October, 1917.
Home Building on a Budget.
Independent, September 1, 1917.
House Livable.
Independent, October 6, 1917.
Four Houses Designed to Harmonize with Local Conditions.
Fitting Up Your Own Special Room.
Touchstone, September, 1917.
*Plenty of Closet Room.
Independent, November 3, 1917.
Bungalows for Two Families.
Sunset, October, 1917.
Heating Our Houses Without Coal.
Ladies Home Journal, October, 1917.
Fresh Air for Indoors.
Good Housekeeping, January, 1918.
Building the Interesting Room.
Good Housekeeping, October, 1917.

*FIRST CHOICE

Thrift by Household Accounting.
Journal of Home Economics, October, 1916.
Personality in Bed Rooms.
Old Furniture in the New World.
Chinese Rugs.
Homely Experiments in Iceless Refrigeration.
Country Life, November, 1917.
*The Guest Room: Chamber of Horrors.
Designer, February, 1918.
Invalid's Room.
House Beautiful, October, 1917.
Old Houses Under New Roofs.
William and Mary — Georgian Furniture.
Window Draperies.
Country Life, October, 1917.
*Rug Beauty in the Small House.
All Important Wall Paper.
Good Curtains and Economy.
Independent, October 6, 1917.
Original and Beautiful American Furniture.
Touchstone, October, 1917.
*New Kitchen — Its Comfort, Convenience, and Beauty.
Touchstone, November 1917.
Mobilizing the Kitchen.
Good Housekeeping, June, 1917.
New Creed in Draperies.
Good Housekeeping, September, 1917.
*Personality in Furniture, Meade.
Art Decoration, April, 1917. Copy 25 cents.
*Accent in Furnishing.
Art Decoration, February, 1917.
Eastern Rug-maker, Atkins.
The Art World, March, 1917.
Education in Taste.
School and Sociology, January 27, 1917.
Comfortable Living Rooms, Marshall.
Country Life, February, 1917.
Bacteriology and the War.
Scientific Monthly, November, 1917.
Home With an Income.
Journal of Home Economics, June, 1917.
Machinery for Women.
Good Housekeeping, October, 1913.
The Cost of a Home Laundry.
Good Housekeeping, February, 1912.

*FIRST CHOICE

II. FEEDING THE FAMILY

1. Study of Foods.
   - Food Products.
   - Food Values.
   - Food Equivalents.
   - Preservation for Future Use.
2. Selection and Preparation of Foods
   - Marketing.
   - Cookery
   - Table Service.
3. Planning Meals.
   - Infant to One Year.
   - Children from one to six years.
   - School Children from 6 to 12 yrs.
   - Adolescence.
   - Normal Adult.
   - Normal Individual in Old Age.
   - For the Invalid.
   - For the Convalescent.
   - Food Conservation.

Suggestions for Papers, Discussions, Etc.

1. The Evolution of the Menu.
   (a) What elements have figured in the changes wrought in the dinner menu?
   (b) Discuss the advantages of the typical three-course menu of today over those of Southern ante-bellum days.
2. Overeating Versus Undereating.
   (a) The comparative evils.
   (b) The happy medium: How to attain it.
   (c) In the wake of undereating: malnutritive diseases.
   (d) In the wake of overeating: troubles of the gourmand.
3. The Patriotism of the Clean Platter.
   (a) Discuss the avenues of economy open to the housewife who does her own work.
   (b) Is saving always good economy?
   (c) Discuss the importance of intelligent substitution on WHEATLESS, MEATLESS, AND PORKLESS days.
4. As a text on Feeding the Family, and for further suggestions for club papers consult that excellent and very thorough book on Feeding the Family by Dr. Mary Swartz Rose.

BOOKS:

Feeding the Family, Mary Swartz Rose, 1916 ..... $2.10
Food Products, Henry C. Sherman, 1914 ..... $2.25
The Macmillan Company, Dallas, Texas.
How to Cut Food Costs, Laura Frances Cooper, 1917 ..... $ .75
Good Health Publishing Company, Battle Creek, Mich.
Practical Dietetics, W. G. Thompson $5.00
D. Appleton & Company, New York City.
Diet for Children, Louise E. Hogan, 1916 ..... $ .75
The Bobbs-Merrill Company, Indianapolis, Ind.
Care and Feeding of Children, Holt, 1915 ..... $ .75
D. Appleton & Company, New York City.
We and Our Children, Woods Hutchinson, 1911 ..... $1.20
Doubleday, Page & Company, Garden City, N. Y.
Childhood and Growth, Lafayette Mendel, 1906 ..... $ .60
F. A. Stokes Company, New York City.
Boston Cooking School Cook Book, Fannie Merritt Farmer $1.80
Little, Brown & Company, Boston, Mass.
Home Science Cook Book, Anna Barrows, 1911 ..... $1.00
Whitcomb & Barrows, Boston, Mass.
Lessons in Cooking Through Preparation of Meals $2.00
American School of Home Economics, Chicago, Ill.
Food and Health, Kinne and Cooley, (for children) 1916 ..... $ .65
The Macmillan Company, Dallas, Texas.
Good Cheer, Frederick W. Hackwood, 1911 ..... $2.50
Sturgis & Walton Company, New York City.
Delicate Feasting, Theodore Child $1.25
Harper & Brothers, New York City.
Colonial Recipes from Old Virginia and Maryland Manors, Bomberger, 1907 ..... $1.25
Neale Publishing Co., Union Square, New York City.

BULLETINS:

*War Breads and Bread Crumb Recipes.
Home Preservation of Fruits and Vegetables
Menus and Recipes for 1918.
College of Industrial Arts, Extension Department, Denton, Texas. Issued Free.
Food Saving in Texas.
A. and M. College, Extension Department, College Station, Texas. Issued Free.
Food for Growing Children.
Problem of School Lunches.

*FIRST CHOICE

Save the Wheat.
Save the Sugar.
Save the Fat.
Meat Substitutes and Perishable Meat.
University of Texas, Extension Department, Austin, Texas. Issued Free.

Cheese and Its Economical Uses in the Diet.
Farmers' Bulletin No. 487.
Meats: Composition and Cooking.
Farmers' Bulletin No. 34.
Eggs and Their Uses as Food.
Farmers' Bulletin No. 128.
Fish as Food.
Farmers' Bulletin No. 85.
*Food for Young Children.
Farmers' Bulletin No. 717.
Preparation of Vegetables for the Table.
Farmers' Bulletin No. 256.
The Care of Milk and Its Use in the Home.
Farmers' Bulletin No. 413.
Honey and Its Uses in the Home.
Farmers' Bulletin No. 653.
Poultry as Food.
Farmers' Bulletin No. 182.
Use of Fruit as Food.
Farmers' Bulletin No. 293.
*Bread and Breadmaking in the Home.
Farmers' Bulletin No. 807.
Care of Food in the Home.
Farmers' Bulletin No. 375.
Homemade Fireless Cookers and Their Use.
Farmers' Bulletin No. 771.
Sugar and Its Value as Food.
Farmers' Bulletin No. 535.
School Lunches.
Farmers' Bulletin No. 712.
*Cornmeal as Food and Ways of Using It.
Farmers' Bulletin No. 565.
Cereal Breakfast Foods.
Farmers' Bulletin No. 249.
*How to Select Foods.
Farmers' Bulletins Nos. 808, 817, 824.
*Home Canning by the One-Period Cold Pack Method.
Farmers' Bulletin No. 839.

*FIRST CHOICE

Drying Fruits and Vegetables in the Home.
Farmers' Bulletin No. 841.
Home Canning of Fruits and Vegetables.
Farmers' Bulletin No. 853.
Fresh Fruits and Vegetables as Conservers of Other Staple Foods.
Farmers' Bulletin No. 871.
Homemade Fruit Butters.
Farmers' Bulletin No. 900.
*How to Make Cottage Cheese on the Farm.
Farmers' Bulletin No. 850.
(Publications, U. S. Department of Agriculture, Address Bureau of Publications, Department of Agriculture, Washington, D. C.)

Ten Lessons on Food Conservation.
*War Economy in Food with Suggestions and Recipes.
Publications, Food Administration. Address Food Conservation Section, Washington, D. C.

*No. 30 — Economical Diet and Cookery in Time of Emergency ..... $ .15
*No. 33 — How to Plan Meals in Time of War with Economical Menus and Directions for Marketing ..... $ .20
*No. 34 — Ninety Tested Palatable and Economical Recipes for the Housewife ..... $ .30
*No. 3 — Feeding of Young Children ..... $ .10
*No. 23 — Food for School Boys and Girls ..... $ .10
*No. 27 — Some Food Facts to Help the Housewife in Feeding the Family ..... $ .05
Publications, Teachers College, Columbia University, New York City.

The Children's Food, Mary Swartz Rose ..... $ .05
American Home Economics Association, 19 W. 44th Street, New York City.
Food Charts Showing Comparative Fuel Value of Common Foods in Relation to Their Cost.
Simmons College, Boston, Mass.

PERIODICALS:

*How the World is Fed, William Joseph Showalter.
National Geographic Magazine, January, 1916. Price per copy 25c. Price per year $2.50. National Geographic Society, Hubbard Memorial Hall, Washington.

*FIRST CHOICE

*The Desire for Food in Men, Minna Denton.
The Scientific Monthly, December, 1916. The Science Company, Garrison, N. Y.

*The Same Nourishment for Less Money, Mary Swartz Rose.
The Joy of Having Indigestion, Thomas L. Masson.
How I Learned Food Values, Christine Frederick.
Watching the Children's Food, Eleanor W. Howe.
Meeting the High Cost of Living, Janet M. Todd.
Ladies Home Journal, November, 1917. Price per copy 15c. Price per year $1.50. The Curtis Publishing Company, Philadelphia, Pa.

Your Child May be Undernourished, Eugene Lyman Fisk.
Be a War-Time Cook.
The Hygienic Cookery of the Jews, Matilda F. Liftman.
Using Up the Sunday Dinner, Edith M. Barber.
The Designer, February, 1918. Price per copy 10c. Price per year $1.00. Standard Fashion Company, 12 Vandam Street, New York City.

Chart for Canning.
Journal of Home Economics, September, 1917. Price per copy 25c. Price per year $2.00. American Home Economics Association, Baltimore, Md.

*Food in War Time, Graham Lusk.
The Scientific Monthly, October, 1917.

Bread and Flour.
The Scientific American, September 15, 1917. Munn & Company, 233 Broadway, New York City.

World Inventory of Food.
Survey, September 22, 1917. Survey Associates, 112 E. 19th Street, New York City.

*Using Fruits and Vegetables Wisely.
The Garden Magazine, October, 1917. Doubleday, Page & Company, Garden City, N. Y.

Storing Young Vegetables.
Ladies Home Journal, October, 1917.

*Family Balanced Ration.
Journal of Home Economics, September, 1917.

What Shall We Have for Breakfast?
Consider the Banana.
Good Housekeeping, October, 1917. Price per copy 15c. Price per year $1.50. Good Housekeeping, 119 West 40th Street, New York City.

Corn to the Rescue, Harvey W. Wiley.
Good Housekeeping, January, 1918.

*FIRST CHOICE

Plea for the Coaser Bread Stuffs.
Literary Digest, October 13, 1917.

Filling the Sugar Bowl.
The Scientific American, October 20, 1917.

Can While You Can.
Country Life, September, 1917.

Poisoning From Canned Vegetables.
Literary Digest, October 3, 1917.

New Ways to Serve Potatoes.
Ladies Home Journal, November, 1917.

Voluntary Rationing.
Woman's Home Companion, November, 1917. Woman's Home Companion, 381 Fourth Ave., New York City.

New War Cookery.
Woman's Home Companion, October, 1917.

Glass Versus Paper Milk Bottles.
The Scientific American, September 1, 1917.

Paper Milk Bottles.
The Scientific American, September 22, 1917.

Day When You Go Without.
Ladies Home Journal, October, 1917.

Syrup of Grapes as a Substitute for Sugar.
The Scientific American, September 15, 1917.

What to Make with Soy Beans.
Ladies Home Journal, October, 1917.

From Garden to Table.
Independent, October 6, 1917.

Good Breads That Will Save Wheat.
Country Life, November, 1917. New Country Life, Doubleday, Page & Company, Garden City, N. Y.

Health and the War Diet.

Letter from You to Mr. Hoover.
Good Housekeeping, October, 1917.

Selective Food Saving.
Outlook, September 5, 1917.

*Why and How — A Plain Statement of the Food Conservation Campaign.
Outlook, October 31, 1917.

What to Eat in War Time.
Good Housekeeping, July, 1917.

Food Loss by Fire.

Expert View of Food as Fuel for the Human Engine.
Current Opinion, June, July, 1917. Current Literature Publishing Company, 63 W. 36th Street, New York City.

*FIRST CHOICE

*Need of Food Thrift.
Outlook, June 13, 1917.
*Milk and Skimmed Milk.
*Soy Bean Cookery.
Journal of Home Economics, June, 1917.
*The Relative Nutritive Value of Oleomargerine and Butter.
Journal of Home Economics, March, 1917.
*Standards for Milk.
The Forecast, November, 1917.
Safety in Canned Goods.
Literary Digest, December 1, 1917.
How to Use All the Fats or How to Know the Exchange Value of the Fats.
House Beautiful, December, 1917. House Beautiful Publishing Company, 3 Park Street, Boston, Mass.
Keeping the Pledge and Keeping Well.
McClure's, January, 1917. The McClure Publications, McClure Building, New York City.
Our Daily Bread.
Survey, October 20, 1917. Survey Associates, 112 E. 19th Street, New York City.
The Place of Nuts and Fruit in Our Diet.
Ladies Home Journal, October, 1917.
How and Why We Should Save Fats.
Ladies Home Journal, September, 1917.
*Peanuts and Patriotism.
Forum, September 17, 1917. The Forum Publishing Company, 286 Fifth Ave., New York City.
*Patriotism and Food.
Atlantic Monthly, November, 1917.
Why Our Sugar Ration Must Be Cut.
More Sheep, More Food, More Wool.
Lentils, a Meat Substitute and a War Economy.
Forecast, November, 1917.
Mobilizing the Women, Ida Tarbell.
Harper's, November, 1917.
Food Armies of Liberty.
The Weapon of Food.
National Geographic Magazine, September, 1917.
The Story of Sugar.
Outlook, December 5, 1917.
*Food and the Budget.
Journal of Home Economics, February, 1917.

*FIRST CHOICE

*Adequate Diet.
Journal of Home Economics, December, 1916.

Feeding the Nation.

Economic Ration for the Times.
The Scientific American, March 10, 1917.

Menu Building by Calories.

Bombing the Stomach.
Good Housekeeping, May, 1917.

Do You Eat Enough Roughage?
American Magazine, March, 1917.

The Desire for Food in Man.
Literary Digest, January 20, 1917.

The World and Its Food Supply.
Survey, April 28, 1917.

Measured Meals for Boys and Girls.
Good Housekeeping, April, 1917.

Feeding the Family for Efficiency.
Delineator, March, 1917. Butterick Publishing Co.

Problem of Human Nutrition.
The Scientific American, January 20, 1917.

Fish.
Good Housekeeping, March, 1917.

*School Lunch as a Project in Teaching Cookery in the Elementary Schools.
Journal of Home Economics, May, 1917.

Milk and Its Care in Warm Weather.
Ladies Home Journal, June, 1917.

Losses of Iron in Cooking Vegetables.
Journal of Home Economics, May, 1917.

*New Feeding in Typhoid Fever.
Journal of Home Economics, January, 1917.

Who Cares for Potatoes?
Good Housekeeping, March, 1917.

*Eat and Save Money.
World's Work, June, 1917.

Standard Flour and Bread in Europe.
The Scientific American, May 12, 1917.

French Solution of the Bread Problem.
Century Magazine, May, 1917.

Waste Not, Want Not.
Independent, June 9, 1917.

*FIRST CHOICE

III. CLOTHING THE FAMILY

1. Choosing Textiles.
2. Sewing Plain and Otherwise.
3. Dressmaking as an Art.
4. Costume Design.
5. Laundering.

Suggested Papers, Discussions, Etc.

1. Clothing in Relation to Character.
   - (a) Can you suggest a method of teaching clothing to both boys and girls in school? Do you think that such teaching would elevate the standard of dress for girls and women? Would it decrease the expenditure for clothing?
   - (b) Discuss the well-dressed woman in relation to the amount of clothing in her wardrobe, its quality, and cost.
2. Standardized Dress for High School Girls.
   - (a) Give argument for and against standardized dress for high school girls.
   - (b) Discuss appropriate dress for children.
3. History of Dress.
4. Textiles and Textile Laws.
   - (a) Give demonstration and discuss the tests for the four textile fibers.
   - (b) Suggest methods of laundering textile fabrics so as to preserve their original qualities as nearly as possible.
   - (c) Discuss the advantages and economy of buying good household linen adapted to the purposes to which they are to be put, over cheaper types of imitation linen often used.

BOOKS:

Textiles, Nystrom, 1912 ..... $1.50
D. Appleton & Company, Wabash Ave., Chicago, Ill.
*Household Textiles, Charlotte M. Gibbs, 1912 ..... $1.25
Whitcomb & Barrows, Boston, Mass.
*Shelter and Clothing, Kinne and Cooley, 1913 ..... $1.10
The Macmillan Company, Dallas, Texas.
*Clothing for Women, Laura I. Baldt, 1916 ..... $2.00
Lippincott Publishing Company, Philadelphia, Pa.

*FIRST CHOICE

The Complete Dressmaker, Clara E. Laughlin.....$1.35
D. Appleton & Company, Chicago, Ill.
The Woman Who Spends, Richardson, 1910.....$1.00
Whitcomb & Barrows, Boston, Mass.
Principles of Correct Dress, Winterburn.....$1.00
Harper & Brothers, Franklin Square, New York City.
Costume Design and Home Planning, Estelle Peel Izor, 1916 .....$ .90
Atkinson, Mentzer & Company, 2210 S. Park Ave., Chicago, Ill.
The Well-Dressed Woman, H. G. Ecob, 1898.....$1.00
Fowler & Wells Company, 24 East 22nd Street, New York City.
What Dress Makes of Us, Quigley.....$1.25
E. P. Dutton Company, Fifth Ave., New York City.
Domestic Art in Woman's Education, Cooley.
Scribner's, New York City.
*Laundering, L. Ray Balderston.
L. Ray Balderston, Editor, 1224 Cherry Street, Philadelphia, Pa.
Laundry Work in Theory and Practice, Marsh.
Whitcomb & Barrows, Boston, Mass.
*Approved Methods of Home Laundering, Vail.
Published and given free by Proctor & Gamble, Cincinnati, Ohio.
A Guide to Laundry Work, Chambers.
Boston Cooking School Magazine Co., Boston, Mass.

BULLETINS:

*The Well-Dressed Woman.
*Suggested Clothing for the High School Girl.
*Suggested Commencement Dresses.
How to Use, Care for, and Buy the Family Wardrobe.
College of Industrial Arts, Department of Extension, Denton, Texas.
Hand-made Flowers, Evelyn S. Tobey.
*Hints on Clothing, Mary Schenck Woolman.
Bureau of Publications, Teachers College, Columbia University, New York City.
Removal of Stains from Clothing and Other Textiles.
Farmers' Bulletin No. 861, U. S. Department of Agriculture, Washington, D. C.
Home Laundering, Treva E. Kauffman.
Ohio State University, Agriculture College Extension Bulletin No. 7, Columbus, Ohio.

*FIRST CHOICE

PERIODICALS:

A Course in Costume Design, Ruth Wilmot and Jane Fales.
Teachers' College Record, May, 1916. Price per copy 40c. Teachers' College Bureau of Publications, New York City.

*The Cost of Women's Clothes.
Journal of Home Economics, November, 1917.

How War Reduces the Wool Supply.
Illustrated World, November, 1917. Illustrated World, Drexel Ave. and 58th Street, Chicago, Ill.

War, Women and American Clothes.
Scribner's, November, 1917.

Practical Millinery.
Industrial Arts Magazine, October and November, 1917. McCall's Magazine (every number), Mrs. Evelyn Tobey, McCall's Magazine, New York City.

Susan Jones: Salesgirl, Helen J. Ferris.
Ladies Home Journal, November, 1917.

*Textiles
World's Work, May, 1917.

The Technology of the Wash Room.
The Scientific American, May 5, 1917.

*FIRST CHOICE

IV. CHILD STUDY

1. Essentials of Child Study.
2. Care of the Young Child { Physically / Mentally / Morally }
3. Child and the School.
4. Child Culture in the School.
5. The Child and Society.

Suggested Papers, Discussions, Etc.

1. Child Study Fundamentals.
   (a) Why should we study the child mind?
   (b) What happens when the mother can not comprehend the child method of reasoning?
   (c) Suggest and discuss means by which every mother may obtain information on child culture.
2. The Physical, Mental and Moral Care of the Child.
   (a) Is parenthood fulfilled when the baby is fed and clothed?
   (b) Discuss the greater good of proper environment as compared with the lesser evil of unfortunate heredity.
   (c) How far does the parental responsibility in child morals reach?
3. The Child and Education.
   (a) Why is the child fundamentally in opposition to rules and regulations?
   (b) How may the mother best help the teacher of her child?
   (c) Discuss the comparative merits of the public and private schools.
4. The Teacher's Part in Child Culture.
   (a) What support should the teacher of your child receive from you?
   (b) Should each board of trustees have representative mothers to select the teachers of their children? And why?
5. The Child's Place in the World.
   (a) The evil influence of the too "precocious" child, and why.
   (b) The child's part of the ideals and responsibilities of civilization.
   (c) Why this is called the "Era of the Child."

BOOKS:

*Essentials of Child Study, Lyckey, 1917 ..... $1.28
University Publishing Company, Chicago, Ill.

*Mental Development of the Child, Baldwin, 1906 ..... $2.25
The Macmillan Company, Dallas, Texas.

*Studies in Education, Vols. I-II, Barnes.
Earl Barnes, Editor, 3708 Walnut Street, Philadelphia, Pa.

*Development of the Child in Later Life, Compayre, 1902 ..... $1.20
D. Appleton & Company, New York City.

*The Meaning of Infancy, Fisk.
Houghton, Mifflin Company, 16 E. 40th Street, New York City.

*The Study of Children and Their School Training, Warner, 1898 ..... $1.00
Houghton, Mifflin Company, New York City.

**The Conservation of the Child, Holmes, 1912 ..... $1.25
J. B. Lippincott Company, Philadelphia, Pa.

Little Citizens; The Humors of School Life, Kelley, 1910.
Doubleday, Page & Company, Garden City, N. Y.

**Fundamentals of Child Study, Kirkpatrick, 1907 ..... $1.25
The Macmillan Company, Dallas, Texas.

Child Culture in the Home, Mosher.
Fleming H. Revell & Company, 158 5th Street, New York City.

Hygiene of Childhood, Rankin.
D. Appleton & Company, New York City.

**The Physical Nature of the Child, Rowe, 1906 ..... $ .90
The Macmillan Company, Dallas, Texas.

**Notes on the Care of Babies and Young Children, Tucker, 1907 ..... $ .40
Longmans, Green & Company, New York City.

Place of the Story in Early Education, Wiltse ..... $ .50
Ginn & Company, Dallas, Texas.

**The Child and His Religion, Dawson ..... $ .75
University of Chicago Press, Chicago, Ill.

A Study of Child-Nature, Harrison $1.00
Chicago Kindergarten College, Chicago, Ill.

Misunderstood Children, Harrison $1.25
Central Publishing Company, Chicago, Ill.

The Mother Artist, J. D. Mills $1.00
The New Church Board of Publishing, 3 West 29th Street, New York City.

*FIRST CHOICE
**SECOND CHOICE

My Little Boy, Ewald, 1906 ..... $1.00
Scribner's, 597 Fifth Ave., New York City.

The Child, Tanner, 1904 ..... $1.25
Rand-McNally & Company, 40 East 22nd Street, New York City.

Children's Ways, Sulley, 1912 ..... $1.25
D. Appleton & Company, 28-35 W. 32nd Street, New York City.

Children's Rights, Wiggin, 1904 ..... $1.00
Houghton, Mifflin Company, New York City.

Growth and Education, Tyler, 1907 ..... $1.50
Houghton, Mifflin Company, New York City.

Love and Law in Child Training, Poulsson, 1899 ..... $1.00
Milton Bradley Company, 49 Willow Street, Springfield, Mass.

The Hygiene of the School Child, Terman, 1914 ..... $1.65
Houghton, Mifflin Company, New York City.

*Play Life in the First Eight Years, Palmer $1.20
Ginn & Company, Dallas, Texas.

Education by Life, Smith, 1914 ..... $1.25
Warwick & York, 19 W. Saratoga Street, Baltimore, Maryland.

The Three Gifts of Life, Smith, 1913 ..... $ .50
Dood, Mead & Company, 4th Ave., New York City.

*The Care and Feeding of Children, Emmett and Holt, 1912 ..... $ .75
D. Appleton & Company, New York City.

Education by Plays and Games, Johnson ..... $ .90
Ginn & Company, Dallas, Texas.

*Kindergarten Theory and Practice, Atwood, 1916 ..... $ .60
Houghton, Mifflin Company, New York City.

Aspects of Child Life and Education, Hall 1907 ..... $1.50
Ginn & Company, Dallas, Texas.

Adolescence. Two Vols, Hall, 1904 ..... $1.50
D. Appleton & Company, New York City.

Study of a Child, Taylor, 1898 ..... $1.25
D. Appleton & Company, New York City.

*How We Think, Dewey, 1910 ..... $1.00
D. C. Heath & Company, New York City.

The Individual in the Making, Kirkpatrick, 1911 ..... $1.25
Houghton, Mifflin Company, New York City.

*Play in Education, Lee, 1915 ..... $1.50
The Macmillan Company, Dallas, Texas.

Famous Stories Every Child Should Know, Mabie, 1913 $ .50
H. B. Claflin Company, New York City.

*FIRST CHOICE

BULLETINS:

(U. S. Government Publications.)

Children's Bureau, Miscellaneous Series No. 5, 1915.
Baby Week Campaigns — Suggestions for Committees of Various Sizes ..... $ .10

Supplement No. 10 to Public Health Reports.
Care of Baby, Prepared by Committees of American Association for Study and Prevention of Infant Mortality ..... $ .05

Care of Children Series No. 1, 1913.
Prenatal Care ..... $ .05

Public Health Bulletin No. 58, (Illustrated) ..... $ .15

*Open Air School for Prevention and Cure of Tuberculosis Among Children ..... $ .15

PERIODICALS:

The Nation's Children and Our Duty Toward Them.
Century Magazine, June, 1917.

Our Children and Our Homes.
Good Housekeeping, October, 1917.

*Child Labor and Its Relation to Illiteracy.

Physical Care of Rural Children.

Teaching of Home Nursing and Care of Children to High School Children.
National Education Association, 1916.

*Solving the Problems of Infant Mortality.
Harper's, October, 1917.

High School Boy and Modern Social Problems.
Disciplinary Value.
Educational Review, October, 1917.

Boys' Clubs: Boys' and Girls' Food Army.
St. Nicholas, October, 1917.

*Making the War Safe for Childhood.
Survey, August 25, 1917.

Education in War Time.
The Scientific American, September 1, 1917.

Our Friends and Our Children.
Good Housekeeping, January, 1918.

Big Brother Movement in the High School.
Educational Review, November, 1917.

*Great Comrades: A New Education.
Touchstone, September, 1917.

*School That Serves the Community.
Manual Training, October, 1917.

*FIRST CHOICE

My Boy Friends.
Ladies Home Journal, October, 1917.
Music and Children.
Touchstone, November, 1917.
Planning for Community Music.
Musician, September, 1917.
Our Children the Hope of Music.
Art World, September, 1917.
Beautiful Pictures to Enjoy.
School Arts Magazine, January 17, 1917.
Music and the American Home.
Outlook, October 3, 1917.
*Physical and Mental Variations in School Children.
Educational Review, September, 1917.
Annunciation Day of American Mothers.
Literary Digest, September, 1917.
*The Child's Own Room.
The New Country Life, December, 1917.
When the Bed-time Hour Comes.
Ladies Home Journal, November, 1917.
Bad Versus Good Health.
American Magazine, October 17, 1917.
Criticism of Baby Show.
Literary Digest, September, 1917.
The Game-Raised Warringers.
Ladies Home Journal, November, 1917.

*FIRST CHOICE

V. CIVIC ATTRACTIVENESS

1. City and Country Improvement.
2. Flower Gardens.
3. Vegetable Gardens.
4. The Attractive Back Yard.

Suggested Papers, Discussions, Etc.

1. The Democracy of Beauty.
   (a) Why should a city be beautiful? Why should the country?
   (b) Discuss the necessary differences in ideals of city and country beauty.
   (c) How can we go about making beauty in our natural surroundings?
2. The Flower Garden and How to Grow It.
   (a) Discuss the cultivation of those flowers most easily grown in your locality.
   (b) Discuss the introduction of other flowers and their cultivation.
   (c) What is the effect of floral attractiveness in a home?
3. The Inner Man and How to Satisfy Him.
   (a) Discuss vegetables best grown in your locality.
   (b) From government and other bulletins, discuss the introduction of other vegetables into your gardens.
   (c) The esthetic side of the vegetable garden.
   (d) Table attractiveness from the vegetable garden.
4. Our Back Yards — How to Get Even With Them.
   (a) Should there be vines in the average back yard?
   (b) Discuss the floral possibilities of the back yard.
   (c) Plan an attractive back yard with and without flowers.
   (d) Discuss the essentials of attractiveness in any back yard.

BOOKS:

Rural Improvement, F. A. Waugh.....$1.25
Orange, Judd & Company, New York City.
(Especially adapted to a general study of civic attractiveness in villages and country districts.)

Manual of Gardening, S. H. Bailey.....$2.00
The Macmillan Company, Dallas, Texas.
(Furnishes information as to details in locating and making flower gardens, planting trees and shrubbery, and raising vegetables for home use.)

Ornamental Gardening for Americans, Elias A. Long...$1.50
Orange, Judd & Company, New York City.
(Contains discussions of public parks, open squares in cities, street improvements, city homes and other relative subjects that are of especial interest to city dwellers.)

Injurious Insects: How to Recognize and Control Them, O'Kane, 1916.....$2.00
The Macmillan Company, Dallas, Texas.

The Life of the Caterpillar, Fabre, 1916.....$1.50
Dood, Mead & Company, New York City.

BULLETINS:

Beautifying the Home Garden.
Farmers' Bulletin No. 185.....$ .05

Annual Flowering Plants.
Farmers' Bulletin No. 195.....$ .05

Lawns and Lawn Soils.
Farmers' Bulletin No. 495.....$ .05
(Address Superintendent of Documents, Washington, D. C.)

Tree Planting Needed in Texas.
Department of Forestry No. 2.....Free

Sprays and Spraying.
Division of Entomology.....Free
(Both from the Agricultural and Mechanical College, College Station, Texas.)

PERIODICALS:

Cultivating Wild Flowers.
American Magazine, September 8, 1917.

Autumn is Planting Time.
Independent, October 6, 1917.

Plants that Live in Glass Houses.
Independent, November 3, 1917.

A Lesson in Making Over Back Yards.

Autumn Gold in the Flower Garden.
Touchstone, 118 East 30th Street, New York City.

Nature is Head Gardener on the Estate of Mr. T. A. Hanemeyer.
Touchstone, October, 1917.
Japanese Gardens in America.
Art World, September, 1917.
Landscape Lines and Gardening.
Country Life, September, 1917.
Garden Under Glass.
Country Life, November, 1917.
What the Society of Little Gardens Has Accomplished in the South.
House Beautiful, October, 1917.
Very Small Back Yards.
House Beautiful, November, 1917.
Schools and Food Production.
School and Sociology, Science Press, Garrison, N. Y.
Bulbs for Twelve Months, Indoors and Outside.
Garden Magazine, September, 1917.

VI. WOMEN IN WAR

1. Red Cross.
2. Food Administration.
3. Mobilizing the Women.
4. Our Girls and the War.

Suggested Papers, Discussions, Etc.

1. The Red Cross: An Automatic Register of Your War Attitude.
   (a) What does Red Cross membership and service signify?
   (b) How must we interpret non-membership and non-service in the American Red Cross?
   (c) What part of every woman's time should Red Cross work occupy now?
2. The Food Administration: Your Support of It.
   (a) Name the three factors which must win the war, and who must be depended on for them.
   (b) Discuss the local support the Food Administration is receiving, and what may be your part in bettering it.
   (c) Discuss the keeping of the spirit, as well as the letter of the food laws.
3. Fighting Behind the Lines: The Woman's Part.
   (a) Where can we, as individual women, serve most efficiently?
   (b) What are the women of the world doing in war service?
4. Our Girls and the War.
   (a) What must we add to the training of our girls in war time?
   (b) When the uniformed man is an evil, what has been wrong with the rearing of our daughters?

BOOK:

Household Organization for War Service, Franks, 1917...$1.00
G. P. Putnam & Sons, New York City.

PERIODICALS:

*Need of Food Thrift.
Outlook, June 13, 1917.

*FIRST CHOICE

The Honor System of Eating in England.
Outlook, August 1, 1917.

Red Cross Work in New York Public Schools.

Selective Food Saving.
Outlook, September 5, 1917.

American Red Cross.
Outlook, September 26, 1917.

Women Ambulance Drivers in France.
Outlook, October 3, 1917.

Why and How: A Plain Statement of the Conservation Campaign.
Outlook, October 31, 1917.

Red Cross Work for School Girls.
Literary Digest, September 15, 1917.

How the Red Cross Money Goes.
Literary Digest, September 22, 1917.

Mothers Watch Your Girls.

Millions for the Y. M. C. A.

War Work for the Y. M. C. A.

Safety in Canned Goods.
Literary Digest, December 1, 1917.

Beginning of Food Control.

Home Service by the Red Cross.
Survey, September 1, 1917.

Red Cross Work for School Girls.
Survey, September 15, 1917.

Women's Clubs and Patriotism.
National, October 4, 1917.

War, Women and American Clothes.
Scribner's, November 17, 1917.

Mobilizing the Women, Ida M. Tarbell.
Harper's, November 17, 1917.

How French Women are Saving the Industries of Their Lands.
Touchstone, September, 1917. The Touchstone, 118 E. 30th Street, New York City.

Women Go to War.
Woman's Home Companion, October, 1917.

Home Helper League.
American City, September, 1917. Civic Press, Tribune Building, New York City.

Belgium's Starving Women and Children.
Current History Magazine of New York Times, October, 1917.

Food Administration at Work.
Current History Magazine of New York Times, November, 1917.

Is England Going to Starve?

What American Girls Are Doing in France.
Independent, November 3, 1917.

County Bureau of Information for Housewives.
Survey, October 20, 1917.

Social Welfare in Time of War and Disaster.
Survey, October 27, 1917.

Four Months in France (an interpretation of the Red Cross.)

Girls and Khaki: Some Practical Means of Protection for Young Women in Time of War.
Survey, December 1, 1917.

The Mother, Maëterlinck.
Good Housekeeping, January, 1918.

Best Red Cross Chapter in the United States.

Community at Work for the War.

What a Nurse Will Find at the Front.
Ladies Home Journal, October, 1917.

What Are These War-Jobs for Women?
Ladies Home Journal, November, 1917.

Women Farm Workers.
New Republic, September 1, 1917. The Republic Publishing Company, 421 W. 21st Street, New York City.

Women in War Industries.
New Republic, December 15, 1917.

Work of the Food Administration.
Journal of Home Economics, September, 1917.

Food Facts Bureau of Boston.

Training Women to Earn: A National Movement.
Journal of Home Economics, October, 1917.

Food Armies of Liberty.
National Geographic Magazine, September, 1917.

Something for Everyone to Do.
Good Housekeeping, September, 1914.

Official Washington Enlists with Mr. Hoover.
Good Housekeeping, October, 1917.

For the Children and for France.
World Outlook, November, 1917.

World Famine Into Which We Are Hurrying.
Contemporary Review, October, 1917. Leonard Scott Publishing Company, 249 W. 13th Street, New York.

Patriotism and Food.
Atlantic, November, 1917.

Hoover and His Food Organization.
Review of Reviews, September, 1917.
Health of College Women.
Home From the Standpoint of Health.
National Educational Association, 1917.
Obligations of Opportunities.
Teachers College Record, March, 1917.
The Social Basis of the New Education for Women.
Teachers College Record, May, 1917.
The Girl of Today — the Mother of Tomorrow.
Good Housekeeping, September, 1917.
Health of College Women.
National Educational Association, 1914.
Industrial Training for Women.
Industrial Arts Magazine, March, 1917.
Recreation for Girls.
Survey, December 30, 1917.
On School Girls.
Atlantic, June, 1917.
Wasteful Twenties.
Delineator, June, 1917.
The Girl and Her Wage-Earning Vocation.
Industrial Arts Magazine, May, 1917.

VII. THE ART OF LIVING

1. The Balanced Life.
2. Appreciation of Nature, Literature and Music.
3. The Family in a Modern World.
4. The Position of Science in the Life of the Home.
5. The Individual's Effect on the Harmony of the World.

SUGGESTIONS FOR CLUB PAPERS, DISCUSSIONS, ETC.

1. The Purpose of the Household.
   - (a) Essential functions.
   - (b) Non-essential functions.
   - (c) The responsibility to children and aged.
   - (d) The responsibility to neighbors.
2. The Art of Living.
   - (a) Consider the relation of art, literature, music, and nature to home life.
   - (b) Suggest a plan by which the family can help to solve the social relationship of boys and girls of high school age: the effect of punitive measures.
3. The Home and the Community, School, and Church.
   - (a) Name several municipal undertakings which directly affect the household.
   - (b) Can you suggest any new function which your town might undertake with your support, which would benefit your whole community.
   - (c) Make a fair criticism of the school from the point of view of the household.
   - (d) Do you feel any conflict in purpose between the home and the school?
   - (e) Is the school having to encroach on what should be the responsibility of the home?
   - (f) Can you suggest a working basis for coöperation between home and school?
   - (g) Does the Sunday school do away with the responsibility of the home for religious training?
4. The Family in a Modern World.
   - (a) What revelations have the present war made regarding the principles on which our homes are built?
   - (b) Has your definition of DEMOCRACY remained unchanged?
   - (c) Doctor Kilpatrick of Columbia University says

that Democracy should be able to center the authority and then abide by results! How does this apply to the campaigns for food and coal conservation?

BOOKS:

*What Men Live By, Richard Cabot, 1914 ..... $1.50
Houghton, Mifflin Company, New York City.
The New Basis of Civilization, Patton, 1916 ..... $1.50
The Macmillan Company, Dallas, Texas.
Wider Use of the School Plant, Perry, 1910 ..... $1.25
Charities Publication Committee, New York City.
*The Art of Right Living, Richards, 1911 ..... $ .50
Whitcomb & Barrows, Boston, Mass.
How Two Hundred Children Live and Learn, Reeder, 1914 ..... $1.25
Charities Publication Committee, New York City.
*Land Birds, Reed, 1916 ..... $1.25
Doubleday, Page & Company, Garden City, N. Y.
*Handbook of Nature Study, Comstock, 1916 ..... $3.00
Comstock Publishing Company, Ithaca, N. Y.
Bird Life, Chapman, 1915 ..... $2.00
D. Appleton & Company, New York City.
The Bird Study Book, Pearson, 1917 ..... $1.25
Doubleday, Page & Company, Garden City, N. Y.

BULLETINS:

The Girl of Tomorrow, Andrews ..... $ .10
Teachers College, Bureau of Publications, New York City.
An Open Letter to Housekeepers, Peek ..... Free
College of Industrial Arts, Extension Department, Denton, Texas.

PERIODICALS:

*The Art of Living.
The Scientific American, October 6, 1917.
An Education for Happiness, Yvette Guilbert.
Craftsman, July, 1916.
Intensive Living, Cornelia A. P. Comer.
Atlantic, July, 1913. Price per copy 35c. Price per year $4.00. The Atlantic Monthly Company, Park Street, Boston, Mass.

*FIRST CHOICE

The Extirpation of Culture, Katherine F. Gerould.
Atlantic, October, 1915.

*Household Sciences in Colleges, Münsterberg.
Good Housekeeping, January, 1913.

Pie Crust for Adam, Zona Gale.
Woman's Home Companion, October, 1912.

Scientific Training for Every Day Living, M. B. Van Arsdale.
Teachers College Record, January, 1915.

*Fundamental Conceptions of Home Economics, Sarah Louise Arnold.
Journal of Home Economics, December, 1914.

*The Highest Education of Women, Julia Lathrop.
Journal of Home Economics, January, 1916.

Sure Cure for Nerves.

How to Live.
Musician, June, 1917. Oliver Ditson Company, 178-9 Tremont Street, Boston, Mass.

Art and Citizenship.
Art World, October, 1917.

*The World's Great Need, Marie Corelli.
Good Housekeeping, January, 1918.

*FIRST CHOICE

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